



FORMULARY FOR OTC PREPARATIONS

West Hartford Non-Public Schools
Health Program
School Year 2022 - 2023

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| Isopropyl Alcohol | May be used topically as an antiseptic for skin care |
| Eye Irrigating Solution | May be used to flush eyes and for self-cleaning of contacts |
| Mouth Rinse | May be used to rinse or freshen mouth |
| Iodized Salt | May be used to gargle for throat discomfort. |
| Acetaminophen | Used only with signed parent permission |
| Ibuprofen | Used only with signed parent permission |
| Saline Wound Wash | May be used to clean wounds of dirt and debris |
| Bactine Liquid Antiseptic/Pain Reliever | May be used topically for prevention of infection and relief of pain and itching from minor cuts, scrapes and burns. For students over 2 years of age. |
| Petroleum Jelly | May be used for chapped lips. |
| Dental Wax | May be used with orthodontic appliances to protect against mouth sores |
| Emollient, fragrance-free such as Lubriderm, Eucerin, Cetophil Lotion or generic equivalent. | May be used for dry, irritated skin. |
| Hand Sanitizer | May be used to clean hands when soap and water are not available. |
| Bacitracin Antibiotic Ointment or Petroleum Jelly | May be used topically for minor abrasions and lacerations. |
| Calagel | May be used topically for itching from insect bites or rash for students over 2 years of age. May cause skin irritation. |
| Hydrocortisone Cream 1% | May be used topically for itching from insect bites or rash |
| Tums | May be used for upset stomach for student over 12 years of age. |

Neil Stein, MD

Dr. Neil Stein, Medical Advisor

4/1/2022

Date