

Schechter Shavua

November 18, 2019 ----- 20 Cheshvan 5780

Solomon Schechter Day School of Greater Hartford



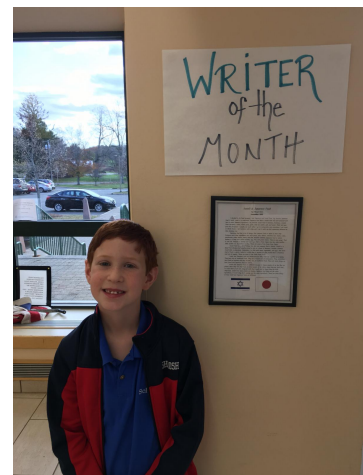
#SchechterPride in Micah, our Writer of the Month! Plus.... Sh'kedim learns through the benefit of Mindfulness.... and discover how a simple brown paper bag can help you learn more about reading!

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Mazal tov to Susan and Warren Berey! Their son, **Evan** (Bogrim/8th grade), celebrated his bar mitzvah last shabbat at Beth El Temple.

#SchechterPride in ...

Micah, a third grader in **Rimonim** who won Writer of the Month! His piece on Israeli and Japanese Food was created in class as a final product for their Japan and Israel Project. As part of the project, Micah studied about the different foods and traditions associated with these two very different cultures. He wrote a piece comparing and contrasting what he learned about these traditions, explaining the ways in which they are similar and why they are different. Micah submitted his piece for Writer of the Month; his great use of comparison language, paragraph structure shone through. It was clear that Micah took great effort and pride in his writing. *Mazal Tov*, Micah!



Practicing Mindfulness in Sh'kedim

The definition of mindfulness is paying full attention to something. It means slowing down to really notice what you're doing. When children are mindful, they're taking their time,



focused and relaxed. The children in the Sh'kedim class take time for mindfulness daily through visualization, meditation, sharing and breathing exercises. Learning how to be mindful when you're young gives you a chance to get really good at it and use it always... an important lifelong skill! Namaste'

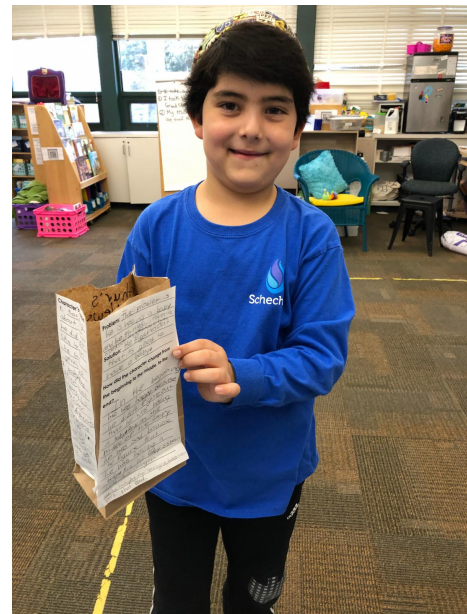
As we continue to develop a practice of mindfulness for with the children,

we will be looking to observe the many benefits of such a practice with young children.

- increased attention
- more focused
- staying calm under stress
- increased emotional regulation
- slow down instead of rush
- listening better
- increased patience
- better equipped to navigate the classroom socially
- finding and appreciating more moments of joy

Rimonim Paper Bag Project

Rimonim completed the Brown Paper Bag Project as the conclusion to their reading unit about Character Studies. The project uses a brown paper bag as a medium to display different themes and skills that the students learned during the unit. The front of the bag displays the character along with their name and a brief description of their physical attributes. The sides explain the character's thoughts and feelings and some of the major choices that the characters made. The back of the bag explains how the characters change from the beginning, the middle, and the end. It also explains the problem and solution. On the inside of the bag, the students drew and cut out support characters and objects that relate to the main character. Stop by Rimonim to see it today!





Havdallah and Hockey

Saturday, December 7 2019

XL Center Hartford

Join BBYO, Emanuel Synagogue, Solomon Schechter Day School and Camp Shalom for a spirited Havdallah followed by hockey with the Hartford Wolfpack.

Tickets: \$15

Registration deadline: December 1

Havdallah: 6:00pm

Puck Drop: 7:00pm

Please contact your organization for tickets

Havdallah and Hockey sponsored by BBYO

In partnership with



Grab Great Books and Benefit our Library!

The eighth grade class has embarked upon a library renovation project as part of their graduation gift to the school! After combing through each book on the shelves, they have come up with a collection that they feel will best fit the needs of a library for their generation. To raise money to help fund their renovation project, the students are bundling together extra copies of books that won't be needed. They are selling these bundles for \$1 each! Come by on Friday mornings and afternoons to pick out a few bundles for your home or for someone you love!



Calendar of Upcoming Events

- November 19: Parent Meeting re: Spring Musical @ 7pm
- November 27: Noon dismissal for Thanksgiving Recess
- November 28-29: School Closed
- December 2: Professional Development (No classes for students)
- December 6: EC joins RELISH in the Beit Tefilah
- December 7: Havdallah and Hockey
- December 8: Voice Recital @ 2pm
- December 11: Parent Teacher Conferences (Evening)
- December 12: Choir Concert @ 6:30pm
- December 13: Drama performance @ 1:15pm
- December 15: Latkes and RELISH! Come to Schechter @ 10:30am
- December 18: World Dance Performance @ 1:15pm
- December 18: Parent Teacher Conferences (Evening)
- December 20: Middle School Ice Skating Trip

[Click here for More Dates!](#)

Solomon Schechter Day School
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